

**Competitive Timed 5K Run**

Overall Female Overall Winners

| <u>Place</u> | <u>Name</u>      | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall*</u> | <u>Time</u> | <u>Pace</u> |
|--------------|------------------|-------------|------------|---------------|-----------------|-------------|-------------|
| 1            | Caitlen Petschke |             | 24         | 625           | 1               | 19:57       | 6:25/M      |

Overall Male Overall Winners

| <u>Place</u> | <u>Name</u> | <u>City</u>    | <u>Age</u> | <u>Bib No</u> | <u>Overall*</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-------------|----------------|------------|---------------|-----------------|-------------|-------------|
| 1            | Kyle Golden | Baton Rouge LA | 23         | 325           | 1               | 16:36       | 5:20/M      |

Overall Female Masters Winners

| <u>Place</u> | <u>Name</u>   | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall*</u> | <u>Time</u> | <u>Pace</u> |
|--------------|---------------|-------------|------------|---------------|-----------------|-------------|-------------|
| 1            | Linda Spletto | Geismar LA  | 46         | 244           | 3               | 22:18       | 7:10/M      |

Overall Male Masters Winners

| <u>Place</u> | <u>Name</u> | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall*</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-------------|-------------|------------|---------------|-----------------|-------------|-------------|
| 1            | Sammy Mapes |             | 49         | 687           | 5               | 17:56       | 5:46/M      |

Overall Female Grandmasters Winners

| <u>Place</u> | <u>Name</u>  | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall*</u> | <u>Time</u> | <u>Pace</u> |
|--------------|--------------|-------------|------------|---------------|-----------------|-------------|-------------|
| 1            | Karl Burquer |             | 60         | 698           | 18              | 24:52       | 8:00/M      |

Overall Male Grandmasters Winners

| <u>Place</u> | <u>Name</u>  | <u>City</u>    | <u>Age</u> | <u>Bib No</u> | <u>Overall*</u> | <u>Time</u> | <u>Pace</u> |
|--------------|--------------|----------------|------------|---------------|-----------------|-------------|-------------|
| 1            | William Knox | Baton Rouge LA | 65         | 259           | 62              | 23:46       | 7:39/M      |

\*Overall place among males only

**Competitive Timed 5K Run****Women 1 to 14**

| <u>Place</u> | <u>Name</u>    | <u>City</u>    | <u>Age</u> | <u>Bib No</u> | <u>Overall*</u> | <u>Time</u> | <u>Pace</u> |
|--------------|----------------|----------------|------------|---------------|-----------------|-------------|-------------|
| 1 *          | Tyler Hyde     | Baton Rouge LA | 11         | 489           | 23              | 25:19       | 8:08/M      |
| 2 *          | Jordan Logarbo |                | 14         | 772           | 26              | 25:25       | 8:10/M      |
| 3 *          | Alexis Gahn    | Baton Rouge LA | 13         | 476           | 88              | 30:55       | 9:56/M      |

**Men 1 to 14**

| <u>Place</u> | <u>Name</u>       | <u>City</u>    | <u>Age</u> | <u>Bib No</u> | <u>Overall*</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-------------------|----------------|------------|---------------|-----------------|-------------|-------------|
| 1 *          | Christopher Bolin |                | 14         | 712           | 32              | 21:38       | 6:57/M      |
| 2 *          | Joshua Babin      | Baton Rouge LA | 13         | 372           | 41              | 22:15       | 7:09/M      |
| 3 *          | Philip Fach       |                | 13         | 599           | 92              | 25:29       | 8:12/M      |

**Women 15 to 19**

| <u>Place</u> | <u>Name</u>  | <u>City</u>    | <u>Age</u> | <u>Bib No</u> | <u>Overall*</u> | <u>Time</u> | <u>Pace</u> |
|--------------|--------------|----------------|------------|---------------|-----------------|-------------|-------------|
| 1 *          | Amy Pogue    | West Monroe LA | 17         | 279           | 19              | 24:54       | 8:00/M      |
| 2 *          | Anna Conaway |                | 15         | 649           | 21              | 24:59       | 8:02/M      |
| 3 *          | Seda Ozoral  |                | 19         | 777           | 34              | 26:09       | 8:25/M      |

**Men 15 to 19**

| <u>Place</u> | <u>Name</u>     | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall*</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-----------------|-------------|------------|---------------|-----------------|-------------|-------------|
| 1 *          | Justin Jones    |             | 18         | 655           | 8               | 19:23       | 6:14/M      |
| 2 *          | Justin Guillory | Gonzales LA | 16         | 252           | 14              | 19:44       | 6:21/M      |
| 3 *          | Reid Blanchard  |             | 16         | 711           | 13              | 19:44       | 6:21/M      |

**Women 20 to 24**

| <u>Place</u> | <u>Name</u>       | <u>City</u>    | <u>Age</u> | <u>Bib No</u> | <u>Overall*</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-------------------|----------------|------------|---------------|-----------------|-------------|-------------|
| 1 *          | Lauren Kuhlmeier  |                | 20         | 623           | 2               | 22:03       | 7:05/M      |
| 2 *          | Alison Lionberger | Baton Rouge LA | 23         | 446           | 13              | 24:08       | 7:46/M      |
| 3 *          | Meaghan Cabaniss  | Baton Rouge LA | 24         | 363           | 38              | 27:10       | 8:44/M      |

\*Overall place among females only

**Competitive Timed 5K Run****Men 20 to 24**

| <u>Place</u> | <u>Name</u>     | <u>City</u>       | <u>Age</u> | <u>Bib No</u> | <u>Overall*</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-----------------|-------------------|------------|---------------|-----------------|-------------|-------------|
| 1 *          | Kenny Ehrhardt  | River Ridge LA    | 20         | 496           | 2               | 16:45       | 5:23/M      |
| 2 *          | Jonathan Thomas |                   | 22         | 779           | 3               | 17:14       | 5:32/M      |
| 3 *          | Michael Giles   | Denham Springs LA | 21         | 347           | 7               | 18:47       | 6:02/M      |

**Women 25 to 29**

| <u>Place</u> | <u>Name</u>    | <u>City</u>    | <u>Age</u> | <u>Bib No</u> | <u>Overall*</u> | <u>Time</u> | <u>Pace</u> |
|--------------|----------------|----------------|------------|---------------|-----------------|-------------|-------------|
| 1 *          | Lauren Hoffman |                | 29         | 646           | 4               | 22:27       | 7:13/M      |
| 2 *          | Mara Gold      | Baton Rouge LA | 27         | 524           | 8               | 23:20       | 7:30/M      |
| 3 *          | Erin Delatte   |                | 27         | 788           | 15              | 24:46       | 7:58/M      |

**Men 25 to 29**

| <u>Place</u> | <u>Name</u>     | <u>City</u>    | <u>Age</u> | <u>Bib No</u> | <u>Overall*</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-----------------|----------------|------------|---------------|-----------------|-------------|-------------|
| 1 *          | David Jennings  |                | 25         | 705           | 9               | 19:26       | 6:15/M      |
| 2 *          | Jeff Prosser    | Picayune MS    | 26         | 350           | 10              | 19:32       | 6:17/M      |
| 3 *          | Matthew Heroman | Baton Rouge LA | 25         | 536           | 18              | 20:06       | 6:28/M      |

**Women 30 to 34**

| <u>Place</u> | <u>Name</u>     | <u>City</u>    | <u>Age</u> | <u>Bib No</u> | <u>Overall*</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-----------------|----------------|------------|---------------|-----------------|-------------|-------------|
| 1 *          | Sherae Alleman  | Pierre Part LA | 31         | 377           | 5               | 22:31       | 7:14/M      |
| 2 *          | Adrien Busekist |                | 31         | 665           | 7               | 23:15       | 7:29/M      |
| 3 *          | Wendy Lee       | Baton Rouge LA | 34         | 298           | 14              | 24:30       | 7:53/M      |

**Men 30 to 34**

| <u>Place</u> | <u>Name</u>     | <u>City</u>    | <u>Age</u> | <u>Bib No</u> | <u>Overall*</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-----------------|----------------|------------|---------------|-----------------|-------------|-------------|
| 1 *          | Ryan Kairdoff   | Baton Rouge LA | 30         | 593           | 11              | 19:34       | 6:17/M      |
| 2 *          | Dustin Loveless | Baton Rouge LA | 31         | 594           | 19              | 20:22       | 6:33/M      |
| 3 *          | Keith Hoffman   | Baton Rouge LA | 30         | 430           | 34              | 21:45       | 7:00/M      |

\*Overall place among males only

**Competitive Timed 5K Run****Women 35 to 39**

| <u>Place</u> | <u>Name</u>      | <u>City</u>    | <u>Age</u> | <u>Bib No</u> | <u>Overall*</u> | <u>Time</u> | <u>Pace</u> |
|--------------|------------------|----------------|------------|---------------|-----------------|-------------|-------------|
| 1 *          | Michelle Templet | Pierre Part LA | 37         | 370           | 6               | 22:33       | 7:15/M      |
| 2 *          | Jennifer Orlando |                | 39         | 699           | 10              | 23:36       | 7:35/M      |
| 3 *          | Lisa Stewart     | Holden LA      | 39         | 141           | 12              | 23:59       | 7:43/M      |

**Men 35 to 39**

| <u>Place</u> | <u>Name</u>  | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall*</u> | <u>Time</u> | <u>Pace</u> |
|--------------|--------------|-------------|------------|---------------|-----------------|-------------|-------------|
| 1 *          | Todd Lane    |             | 37         | 792           | 4               | 17:30       | 5:38/M      |
| 2 *          | Paul Kaklis  |             | 38         | 697           | 22              | 20:54       | 6:43/M      |
| 3 *          | Paul Velardo | Geismar LA  | 36         | 289           | 38              | 21:58       | 7:04/M      |

**Women 40 to 44**

| <u>Place</u> | <u>Name</u>          | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall*</u> | <u>Time</u> | <u>Pace</u> |
|--------------|----------------------|-------------|------------|---------------|-----------------|-------------|-------------|
| 1 *          | Tereasa Higginbotham |             | 44         | 760           | 11              | 23:45       | 7:38/M      |
| 2 *          | Jennie Kahn          |             | 41         | 633           | 31              | 25:47       | 8:17/M      |
| 3 *          | Regina Peonard       |             | 40         | 634           | 30              | 25:47       | 8:17/M      |

**Men 40 to 44**

| <u>Place</u> | <u>Name</u>     | <u>City</u>    | <u>Age</u> | <u>Bib No</u> | <u>Overall*</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-----------------|----------------|------------|---------------|-----------------|-------------|-------------|
| 1 *          | Artie Fillastre | Baton Rouge LA | 42         | 397           | 28              | 21:19       | 6:51/M      |
| 2 *          | Tony Richard    | Gonzales LA    | 41         | 392           | 31              | 21:36       | 6:57/M      |
| 3 *          | J C Rawls       |                | 44         | 770           | 40              | 22:10       | 7:08/M      |

**Women 45 to 49**

| <u>Place</u> | <u>Name</u>   | <u>City</u>       | <u>Age</u> | <u>Bib No</u> | <u>Overall*</u> | <u>Time</u> | <u>Pace</u> |
|--------------|---------------|-------------------|------------|---------------|-----------------|-------------|-------------|
| 1 *          | Sherri Tureau |                   | 49         | 781           | 27              | 25:34       | 8:13/M      |
| 2 *          | Dawn Conaway  |                   | 46         | 651           | 37              | 26:40       | 8:34/M      |
| 3 *          | Jill Raley    | Denham Springs LA | 45         | 366           | 42              | 27:21       | 8:48/M      |

\*Overall place among females only

March 06, 2010

**Competitive Timed 5K Run****Men 45 to 49**

| <u>Place</u> | <u>Name</u>     | <u>City</u>    | <u>Age</u> | <u>Bib No</u> | <u>Overall*</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-----------------|----------------|------------|---------------|-----------------|-------------|-------------|
| 1 *          | Thomas Telhiard | Baton Rouge LA | 46         | 190           | 17              | 20:01       | 6:26/M      |
| 2 *          | Dale Harvey     |                | 46         | 791           | 23              | 20:55       | 6:44/M      |
| 3 *          | Al Naquin       | Baker LA       | 47         | 266           | 25              | 21:02       | 6:46/M      |

**Women 50 to 54**

| <u>Place</u> | <u>Name</u>     | <u>City</u>    | <u>Age</u> | <u>Bib No</u> | <u>Overall*</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-----------------|----------------|------------|---------------|-----------------|-------------|-------------|
| 1 *          | Nancy Kuhlmeier |                | 50         | 622           | 9               | 23:31       | 7:34/M      |
| 2 *          | Theresa Vu      |                | 53         | 790           | 22              | 25:13       | 8:06/M      |
| 3 *          | Elaine Withers  | Baton Rouge LA | 52         | 454           | 36              | 26:30       | 8:31/M      |

**Men 50 to 54**

| <u>Place</u> | <u>Name</u>     | <u>City</u>     | <u>Age</u> | <u>Bib No</u> | <u>Overall*</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-----------------|-----------------|------------|---------------|-----------------|-------------|-------------|
| 1 *          | Mark King,sr    | Baton Rouge LA  | 50         | 388           | 67              | 23:57       | 7:42/M      |
| 2 *          | David Candler   | Prairieville LA | 51         | 188           | 83              | 25:01       | 8:03/M      |
| 3 *          | Torris Pelichet | Plaquemine LA   | 53         | 453           | 88              | 25:11       | 8:06/M      |

**Women 55 to 59**

| <u>Place</u> | <u>Name</u>      | <u>City</u>    | <u>Age</u> | <u>Bib No</u> | <u>Overall*</u> | <u>Time</u> | <u>Pace</u> |
|--------------|------------------|----------------|------------|---------------|-----------------|-------------|-------------|
| 1 *          | Julie Viator     | Baton Rouge LA | 58         | 328           | 57              | 28:44       | 9:14/M      |
| 2 *          | Carolyn Craig    | Baton Rouge LA | 55         | 232           | 67              | 29:24       | 9:27/M      |
| 3 *          | Mary Dibenedetto | Baton Rouge LA | 59         | 477           | 92              | 31:20       | 10:05/M     |

**Men 55 to 59**

| <u>Place</u> | <u>Name</u>      | <u>City</u>    | <u>Age</u> | <u>Bib No</u> | <u>Overall*</u> | <u>Time</u> | <u>Pace</u> |
|--------------|------------------|----------------|------------|---------------|-----------------|-------------|-------------|
| 1 *          | Jason Greely     |                | 55         | 763           | 89              | 25:14       | 8:07/M      |
| 2 *          | Howard Bourgeois | Baton Rouge LA | 56         | 341           | 128             | 28:38       | 9:12/M      |
| 3 *          | Paul Wiggins     |                | 56         | 628           | 131             | 28:42       | 9:14/M      |

\*Overall place among males only

**Competitive Timed 5K Run**

**Women 60 to 64**

| <u>Place</u> | <u>Name</u>     | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall*</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-----------------|-------------|------------|---------------|-----------------|-------------|-------------|
| 1 *          | Connie Desselle |             | 63         | 671           | 87              | 30:55       | 9:56/M      |
| 2 *          | Nancy O'Malley  |             | 62         | 683           | 97              | 31:55       | 10:16/M     |

**Men 60 to 64**

| <u>Place</u> | <u>Name</u>     | <u>City</u>    | <u>Age</u> | <u>Bib No</u> | <u>Overall*</u> | <u>Time</u> | <u>Pace</u> |
|--------------|-----------------|----------------|------------|---------------|-----------------|-------------|-------------|
| 1 *          | Dean Brown      | Baton Rouge LA | 60         | 122           | 71              | 24:12       | 7:47/M      |
| 2 *          | Thomas Vernetti | Lafayette LA   | 62         | 195           | 84              | 25:02       | 8:03/M      |
| 3 *          | Pete Mitchell   | Springfield LA | 61         | 210           | 104             | 26:41       | 8:35/M      |

**Women 65 and over**

| <u>Place</u> | <u>Name</u>  | <u>City</u> | <u>Age</u> | <u>Bib No</u> | <u>Overall*</u> | <u>Time</u> | <u>Pace</u> |
|--------------|--------------|-------------|------------|---------------|-----------------|-------------|-------------|
| 1 *          | Sally Breaux |             | 67         | 605           | 164             | 38:29       | 12:22/M     |

**Men 65 and over**

| <u>Place</u> | <u>Name</u>  | <u>City</u>    | <u>Age</u> | <u>Bib No</u> | <u>Overall*</u> | <u>Time</u> | <u>Pace</u> |
|--------------|--------------|----------------|------------|---------------|-----------------|-------------|-------------|
| 1 *          | John France  | Baton Rouge LA | 69         | 222           | 100             | 26:17       | 8:27/M      |
| 2 *          | Edmond Dugas |                | 76         | 796           | 174             | 38:12       | 12:17/M     |

\*Overall place among males only